## PEP IS THE KEY FOR A VICTORY!

CHEERLEADING Front row: Mindy Wallen Back row: Coach Dawn Landis, Terri Kral, Miranda Coon,

Certain requirements have to be met in order to be a cheerleader. Cheerleading is a sport that is best played with an alltime 'smile. Enthusiasm and spirit are the two most needed characteristics. So, anybody can be a cheerleader, right? Wrong!

"We worked really hard this season. We worked physically by doing excessive exercises such as crunches, aerobics, and

running. We also worked hard on making signs for the boys and finding sponsors around town to purchase basketballs

to throw in the crowd," commented varsity basketball cheerleader Angela Simone.

Not only did they need to know cheers and mounts, but the junior high cheerleaders showed some impressive motions in a dance routine they learned.

"We worked really hard and practiced for a long time to get the dance down. That was the goal we had in the beginning of the season and it didn't take us very long to accomplish it," said junior high cheerleader Megan Diffin.

The football cheerleaders also worked extra hard trying to set a good example for the future squads.

"We tried really hard to show everyone that cheerleading could be fun and productive with just three members," stated football cheerleader Miranda Coon.

The varsity basketball squad helped pump up the boys, not to mention the crowd.

"I don't think people could tell there were only

three of us if they just listened. We definitely put our abdominal muscles to good use and spoke from our guts," reflected varsity basketball cheerleader Jill Cermak.

Overall, whether they cheered for junior high or varsity, football or basketball, the spirit soared in every direction. The victory came when goals were met and the pep shone!

Terri Kral



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JUNIOR HIGH BASKETBALL CHEERLEADING Kneeling: Samantha Prud-Homme, Coach Sherry Beck, Nichole Ringle Standing: Ashleigh Kaufmann, Becky Long, Sarah Johnston, Angela Turner, Megan Diffin, Sherry Burford Fliers: Katie Beck, Chelsie Long.

